

Breast Cancer Reconstruction	Best Candidate	Anesthesia	Time in hours	Hospital stay	Return to Work	Strenuous Activity
Tissue Expander/Alloderm	Delayed reconstruction small breast combination w/ latissimus	General	2	23 hours	2 weeks	4-6 weeks
One-stage implant w/alloderm	immediate reconstruction large breast going smaller	General	2	23 hours	2 weeks	4-6 weeks
Latissimus Dorsi Flap	history of radiation delayed reconstruction	General	3	2-3 days	3-4 weeks	4-6 weeks
TRAM	excess abdominal tissue	General	4	2-5 days	4 weeks	4-6 weeks
DIEP	excess abdominal tissue	General	6 to 8	3-5 days	4 weeks	4-6 weeks

Please note that these are approximate comparisons and your healthcare provider will discuss your needs individually. Also, every surgery has risks associated with it. Please be sure to thoroughly read the consent form for each procedure and discuss these risks with your healthcare provider.

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