Pediatric Plastic Surgery Home Care Instructions

Aesthetic and Reconstructive Plastic Surgery Rajiv Sood, M.D., F.A.C.S. (317) 880-6825

Diet:

Your child will be started on clear liquids while still in the hospital. The diet can be advanced to regular as tolerated. If vomiting occurs, return to the clear liquid diet and progress slowly.

Activity:

General anesthesia can affect your child for 24 hours. Whether they still feel drowsy or seem fully awake, they may lack their usual coordination. Your child needs careful watching to prevent falls and accidents.

Wound Care:

Keep surgical area clean and dry. Call office for excessive drainage, redness or tenderness to surgical site. Please follow any individualized wound care instructions given to you from your health care provider.

Medications:

Tylenol may be used every 4-6 hours for pain. Please follow package directions or ask your health care provider for dosage questions. Take other prescribed medications as directed.

Call:

Difficulty breathing, obvious bleeding, fever over 101.5 F or 38.4 C, persistent vomiting or any other problems, questions or concerns.

Return Appointment:

If you do not already have a return appointment scheduled, usually in one week, please call our office.

Emergencies:

During regular business hours call our office. After hours and weekends/holidays, call 317-274-5000 and ask for the plastic surgery resident on call to be paged.