

<b>Procedure</b>	<b>Best Candidate</b>	<b>anesthesia</b>	<b>length</b>	<b>hospital stay</b>	<b>return to work</b>	<b>strenuous activity</b>
Abdominoplasty	excess skin and fat protruding abdomen	general	2 to 4 hrs	outpatient or 23 hours	2 to 3 weeks	4-6 weeks
Botox	wrinkles on forehead or around eyes	none	15 min	N/A	immediate	no downtime
Breast Augmentation	small or asymmetrical breasts	general	2 hrs	outpatient	1 week	4-6 weeks
Breast Lift	sagging breasts	general	2-3 hrs	outpatient	1-2 weeks	4-6 weeks
Breast Reduction	large, heavy breasts asymmetrical breasts	general	3-4 hrs	23 hours	3 weeks	4-6 weeks
Dermal Fillers	deep lines nasolabial folds frown lines	none	15 min	N/A	immediate	no downtime
Eyelid Surgery	bags/puffiness under eyes droopy skin upper eyelids	general	1-3 hrs	outpatient	2 weeks	4-6 weeks
Facelift	sagging jowls; loose skin Deep line/wrinkles	general	2-3 hrs	outpatient or 23 hours	2 weeks	4-6 weeks
Forehead Lift	drooping eyebrows excess deep forehead lines	general or local/sedation	1-2 hrs	outpatient	1-2 weeks	6 weeks
Gynecomastia (Male Breast Reduction)	enlarged male breasts	general or local/sedation	2 hrs	outpatient	1-2 weeks	4-6 weeks
Laser Resurfacing	sundamage; wrinkles; acne scars	general	30 min- 1hr	outpatient	1-2 weeks	4 weeks
		or local/sedation				
Liposuction	localized areas of fat deposits	general	1-2 hrs	outpatient	1-2 weeks	4-6 weeks
		or local/sedation				
Thigh Lift	loose excess skin	general	2 hrs	outpatient	2-4 weeks	6 weeks
Upper Arm Lift	loose excess skin	general	2 hrs	outpatient	2-3 weeks	6 weeks

Please note that these are approximate comparisons and that Dr. Sood will discuss your needs individually, every surgery has risks. Please be sure to thoroughly read the consent form for each procedure and discuss these risks with Dr. Sood.