

Pulse Dye Laser (Vbeam Perfecta) Pre Laser Treatment Instructions

Aesthetic and Reconstructive Plastic Surgery

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Please notify us if you are:

Pregnant, postpartum or nursing, have a pacemaker or internal defibrillator, superficial metal or other implants in the treatment area, history of ANY cancer, Severe concurrent conditions, such as cardiac disorders, Impaired immune system due to immunosuppressive diseases such as AIDS, HIV, or use of immunosuppressive medications.

Please let us know if you any active conditions in the treatment area, such as sores, Psoriasis, eczema and rash. If you have had any facial laser resurfacing and deep chemical peeling within the last 3 months, if you have a tattoo or permanent makeup, if you have participated in tanning within the last 2 weeks in a sun-bed or with use of tanning cream. It is also important to know if you have a history of skin disorders, keloids, abnormal wound healing, as well as very dry and fragile skin.

It is also important to know if you have a history of bleeding coagulopathies, or use of anticoagulants, if you are using certain medications such as herbs, food supplements, and vitamins known to induce photosensitivity to light exposure at the wavelengths used, such as Isotretinoin (Accutane) within the last 6 months, Tetracyclines, or St. John's Wort within the last two weeks.

It is recommended that we wait 2 weeks after Botox injections and 4 weeks post natural fillers- to use PDL Laser on the face.

For one month prior to treatment, avoid sun exposure, as well as tanning beds and tanning creams, if you are tanned, you may not be treated. Use a sunscreen designed to protect against UVA and UVB rays at least a SPF of 30 at all times and reapply as directed by the manufacturer.

Do NOT drink alcohol, take Aspirin, Ibuprofen, Vitamin E or Fish Oils for 3 days prior to and three-five days after the laser treatment. Using may increase the likelihood of bruising.

Discontinue the use of Retin-A or retinol type creams, exfoliating products and all other irritating agents 2-3 days prior to treatment.

On the day of your treatment, please come to the office with clean skin (clean shaven if male). Your treatment area should be free of any makeup, creams, perfumes and lotions.

Comfortable clothes should be worn. If your face or neck is being treated, wear a button down shirt.

Please call our office with any questions or concerns regarding this treatment.

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The treated area may show a reddish/bruised discoloration. This will last 5-14 days, depending on what part of the body is treated. The treated area is delicate and should be treated with care.

Discomfort or stinging may be evident, but usually lasts no more than six hours. Tylenol may be taken or cool packs applied during this period.

If swelling occurs, cool compresses may be applied (such as frozen peas). For facial swelling, sleep with your head elevated.

Antibiotic ointment should be applied if there is crusting/scabbing. (OTC Bacitracin, this is available at local pharmacy).

Showering is permitted with comfortably warm water; intense heat may cause additional discomfort. DO NOT SOAK in a Hot tub until the area is healed. Do not rub the treated area with a face cloth or towel. Pat the area dry so the skin is not disturbed.

If a crust or scab develops, allow it to fall off on its own. **Do not pick or scratch at the area.** Keep the area moist with the ointment until the crust falls off.

Avoid rubbing or pressure (caused by clothing) on the treated areas. Wear loose fitting clothing if your treated area is on a non-exposed area of the body.

Avoid SUN Exposure. If sun exposure is expected, apply an SPF 30 or higher sunblock to prevent pigmentation changes until the lesions is healed.

Avoid swimming and sports, if bruising is present to reduce skin irritation and infection.

Do NOT apply make up for 2-3 days, or as long as the crusting is present.

Using new makeup will cause less irritation.

WHEN ANY DISCOLORATION\ BRUISING CLEARS, THERE MAY BE VERY LITTLE CHANGE IN THE VASCULAR LESION. IMPROVEMENT WILL TAKE PLACE SLOWLY OVER A PERIOD OF WEEKS.

If you have any questions or concerns regarding your laser treatment please contact the office.

Notify the office immediately if the area becomes tender, reddened or shows signs of infection.

Even if there are no problems, call the office for a progress report one week after your treatment is completed.