

## **Nipple Reconstruction Instructions**

### **Aesthetic and Reconstructive Plastic Surgery**

**Rajiv Sood, M.D., F.A.C.S.**

**(317) 880-6825**

1. Please refer to Pre and Post Operative Instruction Sheet in addition to these instructions.
2. You may have dressings when you go home. It is important that you do not remove or get them wet for 2 days. You are to look at surgical sites at least twice per day.
3. Two days after surgery, you may remove all dressings and shower.
4. You may gently cleanse the nipple area with a mild soap and water. Rinse and pat dry. Avoid any pressure or irritation to the nipple.
5. You may apply small amount of antibiotic ointment to area twice a day for one week.
6. The sutures will be removed or absorbed in 2-3 weeks. Please notify our office of any sutures that have not yet dissolved after this time or if you notice any redness or drainage.
7. Notify the office of fever  $>101.5$  degrees, significant redness, or if the nipple turns blue, purple or black. Please be aware that the nipple size will decrease over the next several months and this is normal.
8. If you choose to have nipple/areolar tattoo, you may schedule in approximately eight weeks. Please contact our office.